

A Call To Men: National Association of Men and Women
Committed to Ending Violence Against Women

10 Things Men Can Do To End Violence Against Women

1. Acknowledge and understand how sexism, patriarchy and male privilege lay the foundation for all forms of violence against women.
2. Examine and challenge our individual sexism and the role that we play in supporting men who are abusive.
3. Recognize and stop colluding with other men by getting out of our narrow socially defined roles, and take a stance to end violence against women.
4. Remember that our silence is affirming. When we choose not to speak out against men's violence, we are supporting it.
5. Educate and re-educate our sons and other young men about our responsibility in ending men's violence against women.
6. Challenge our fear of being perceived as gay, which has been a tactic men created to discourage other men from getting involved in the movement to end sexism and violence against women.
7. Accept and own our responsibility that violence against women will not end until men become part of the solution to end it. We must take an active role in creating a cultural and social shift that no longer tolerates violence against women.
8. Stop pathologizing men's violence by blaming mental illness, lack of anger management, chemical dependency, stress, etc.... which only excuses men's violence. Violence against women is rooted in the historic oppression of women – sexism.
9. Do not support any institution or resources being utilized to pathologize men's violence against women.
10. Accept leadership from women. Violence against women will end only when we take direction from those who understand it most, women.

A Call To Men • 1003 Route 45, Pomona, NY 10970

Website: www.acalltomen.org • Ph: (845) 354-2556 • FAX: (845) 354-2557

For more information and speaking engagements please contact: info@acalltomen.com